

Important Team Information

Cross Rostering

Club Teams: Each paddler shall be registered under the name of only one team within each Division.

Divisions are as follows:

Club Mixed Division, Club Women's Division (Female Only),
Club All Cancer Paddlers, Club Breast Cancer Paddlers

- Paddler may cross roster to a different Division within their Club.
- Boats will not be held for any paddler that is not present at the time of embarking for a heat.
- Team must ensure cross-rostering does not conflict with the race schedule.
- Club paddlers may not compete for any other Club.
- A steersperson and drummer may steer or drum for more than one team but must ensure it does not conflict with the race schedule.
- A steersperson or drummer may not paddle for any other team in their race Division.
- Any paddler rostered on a Club Team may **not** cross-roster to a Community Team.

Community Team: Any paddler rostered to a Community Team may cross-roster up to a Club Team.

A drummer may drum for more than one team but must ensure it does not conflict with the race schedule.

Team Divisions

You may opt to enter your team in a specific division. Please note, divisions that have less than 3 teams registered will not be officially contested. Riverfront Recapture reserves the right to join these registered teams together with other best matched racing categories.

Gender Composition

Please carefully read the details below on the Team Compositions as there have been some changes over the past few years.

Riverfront Dragon Boat and Asian Festival follows US Dragon Boat Association guidance on Team Composition and Gender Identity. Consistent with the USDBA rules and regulations, all athletes must identify as male or female for racing purposes. As these USDBA regulations change we will continue to follow their guidelines.

If you identify as non-binary, then we respectfully leave it to you and the team captain on how you wish to be considered in the team composition. During the online registration process each athlete must identify as either Male or Female for racing purposes.

On race day each person will be provided a color-coded wristband that they must keep on throughout the entire race day to keep the crew composition identification process in the marshalling area moving quickly.

Choose Your Team's Division

What is a Club Crew Team?

A Club Crew Team is a team that practices regularly together and competes multiple times per year and is registered sport team with a club or organization they paddle for. These are crew teams that Dragon Boat as a competitive sport.

Club Crew Team Composition (No practices included)

- Club teams competing for ERDBA must comply with ERDBA rules. Club teams may carry up to 20 paddlers and have a minimum of 16 paddlers. Team rosters may not exceed 26 members consisting of 24 paddlers, one steersperson, and one drummer. Each team member, including steersperson and drummer, must be at least 14 years of age. Children 14-17 are allowed, but only if they are accompanied by their parent or legal guardian **in the same boat at the same time** and must have a parent sign the waiver.

1. Club Crew Mixed Teams Division:

- a. Boats must contain **no more than 10 male paddlers**, one (1) drummer, and one (1) steersperson. **Please refer to the section detailing Gender Composition.**

2. Club Crew Women's Teams Division:

- a. Roster must contain **only female** paddlers, one (1) female drummer, and one female (1) steersperson.

3. Club Crew Breast Cancer Paddlers (BCP) Division:*

- a. Roster must only contain breast cancer survivors. (Family members/supporters are prohibited from participating in this division. Teams that include supporters such as family or friends will need to register in Club Mixed Division.)

4. Club Crew All Cancer Paddlers Teams (ACP) Division:*

- a. All paddlers and drummer of all genders who are survivors of any type of cancer. (Family members/supporters are prohibited from participating in this division. Teams that include supporters such as family and friends must register in Club Mixed Division.)

What is a Community Team?

Community teams race with one primary goal: to have fun! A Community team is sometimes new to the sport or an existing team that typically only race once a year. A community team **MUST** be located within Connecticut. There are (3) options within the community division. A general Community Team, a Corporate Team or a Non-Profit Team.

Community Team Composition (Includes 2 practices)

Community, Non-Profit and Corporate

1. **Community Team Division:** a group of friends or family members from Connecticut that are racing for fun!
2. **Non-Profit Team Division:** a group of colleagues that work for the same non-profit company based in Connecticut that are racing for fun!
3. **Corporate Team Division:** a group of colleagues that work for the same company based in Connecticut that are racing for fun!

The following details pertain to all community teams:

- Each team receives (2) pre-race day practices at Riverside Park. If weather conditions are safe the practices will be on-water in a Dragon Boat, in the event of poor weather practice will be in the Boathouse or likewise focusing on instruction
- Rosters may contain up to 26 members consisting of 24 paddlers, one steersperson, and one drummer.
- Boats may carry up to 20 paddlers and **must have a minimum of 16 paddlers to race**
- Boats must contain **no more than 10 male paddlers.** Please refer to the section detailing **Gender Composition.**
- **Community Teams must be from Connecticut.**
- The drummer must be listed on the official roster
- Each team member including the drummer must be at least 14 years of age. Children 14-17 are allowed, but only if they are accompanied by their parent or legal guardian **in the same boat at the same time** and must have a parent sign the waiver.
- A professional steersperson will be provided to you on race day